



# Free yourself.

When you're suspended after a fall, every second matters.

When the clock starts ticking, you need a rescue plan you can count on to rescue you quickly and efficiently. The 3M™ DBI-SALA® Self-Rescue Device is your rescue plan: a flexible device that attaches to your current safety harness and allows you to lower yourself to safety in the event of a fall from height. This simple, fast and effective rescue plan minimizes risk for you, your coworkers and emergency response personnel.

With DBI-SALA® Self-Rescue Device, you can work at height without worrying about hanging in your harness for an extended period of time after an arrested fall event. Instead of wondering how long it will take to alert others to your fall, or how long before trained rescuers can gather the appropriate equipment to get you down, you can simply avoid all that and free yourself.

*Free yourself* to train regularly.

This 30-foot trainer device simulates a realistic fall rescue experience, allowing you to educate your team on the use of the product. It's easy to rewind the rope on-site, so you can train your team up to 20 times before recertification of the device will be required.

3M™ DBI-SALA®  
Self-Rescue  
Training Device



## Self-Rescue Device - 50 ft.

Part No.	3320030
Dimensions	Height: 19 in. Width: 7 in. Depth: 2.5 in.
Weight	5.0 lbs.
Rope Length	50 ft. of 5.5 mm rope
Standards	ANSI Z359.4

## Self-Rescue Device - 100 ft.

Part No.	3320031
Dimensions	Height: 19 in. Width: 7 in. Depth: 2.5 in.
Weight	5.8 lbs.
Rope Length	100 ft. of 5.5 mm rope
Standards	ANSI Z359.4

## Self-Rescue Training Device

Part No.	3320037
Dimensions	Height: 19 in. Width: 7 in. Depth: 2.5 in.
Weight	4.7 lbs.
Descent Length	30 ft. of 5.5 mm rope

## Rescue Pole

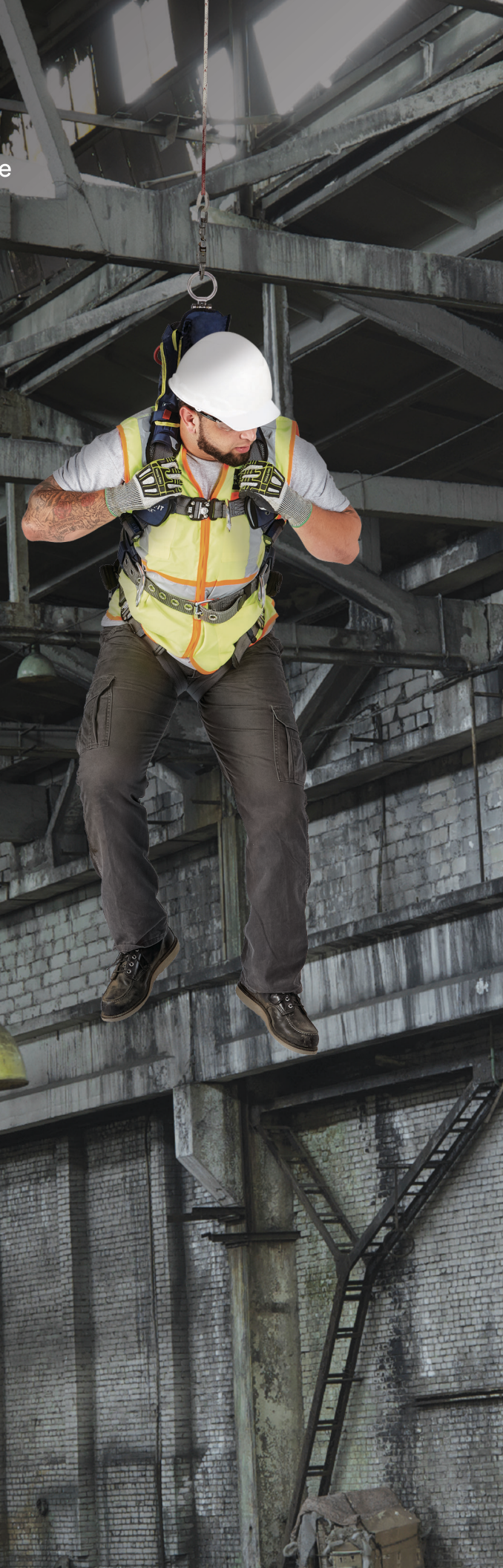
Part No.	8900299
Kit Includes	Bag, Rescue Pole, Carabiner with tagline
Bag Dimensions	Length: 28.5 in. Width: 6 in. Depth: 2 in.
Rescue Pole Collapsed	2 ft.
Rescue Pole Extended	10 ft.
Weight	1.1 lbs.



Self-Rescue Device

# Introducing the smarter rescue plan.

3M™ DBI-SALA®  
Self-Rescue Device



Available from







Fits on to almost any safety harness.

*Free yourself to use your own safety harness.*

#### Universal attachment.

Now you can add the benefits of a self-rescue device to your safety equipment without the added expense of purchasing a new harness. DBI-SALA® Self-Rescue Device retrofits to almost any safety harness, so you can keep wearing the one you're most comfortable using.

*Free yourself with simplified lifeline connections.*

#### EZ-Link™ D-ring.

The EZ-Link stand-up D-ring provides a simple, fast connection point for your lanyards or personal self-retracting lifelines (SRLs). This patent-pending technology is tested to speed up connection and disconnection times by up to 80%, delivering convenience and time-savings every time you climb.

*Free yourself to choose the length you need.*

#### 50 or 100 foot lengths.

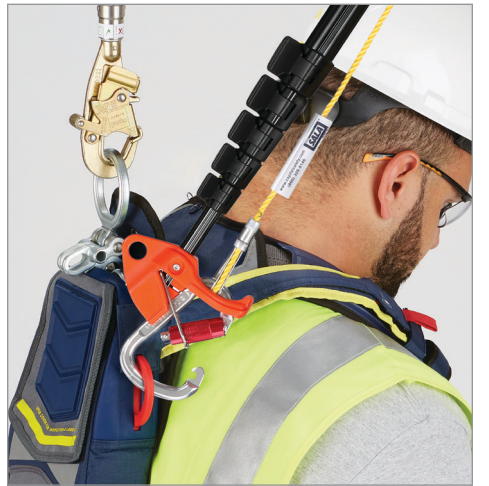
Every at-height work site is different, so it only makes sense that your safety equipment fits the job you set out to do. With both 50- and 100-foot models to choose from, the DBI-SALA® Self-Rescue Device gives you more flexibility and convenience whatever your work site application needs may be.



*Free yourself with the help of a colleague.*

#### Assisted-Rescue Ring & 3M™ DBI-SALA® Rescue Pole accessory.

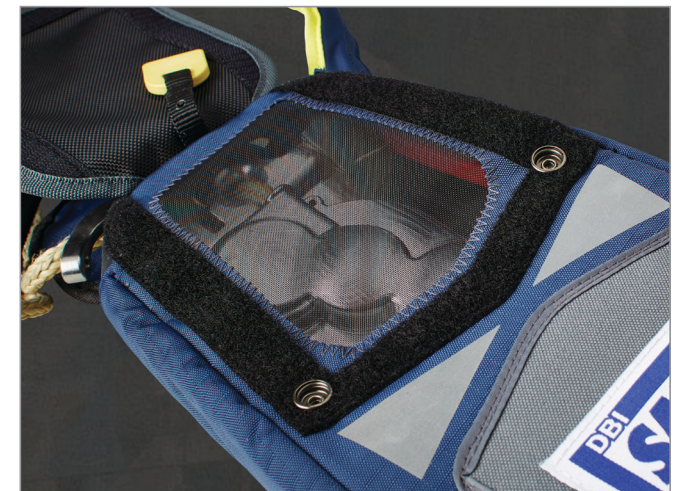
In the event you're incapacitated during a fall and are unable to activate the Self-Rescue Device, the assisted-rescue ring allows for remote access and deployment by a colleague. For added efficiency, the telescoping Rescue Pole accessory extends your reach and easily hooks into the ring, providing for a safe, efficient assisted-rescue.



*Free yourself from durability concerns.*

#### Sealed Descent Device & Rope Spool.

When you're working in harsh environments, you can't afford to worry about equipment failure. That's why the DBI-SALA® Self-Rescue Device is designed and tested to withstand the toughest conditions.



Easily accessible primary release cord.

Molded padding protects the bag from additional wear and tear when personal SRLs are worn.

Color-coded and reflective elements direct the eyes and provide greater visibility, even in dark situations.

Lightweight, low profile design minimizes impact on user's motion.

Unit width: 7 in.

19 in

2.5 in

Choose the smarter rescue plan. Learn more at [3M.com/FallProtection](https://www.3m.com/FallProtection)